Nature Occitane
VOYAGES SPORTS & NATURE
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TOUR OF THE GOLFE DU MORBIHAN BY BIKE

Brittany by bicycle

This tour offers you the chance to discover southern Brittany around the Gulf of Morbihan. Between land and sea, our travel agency invites you to discover this Breton jewel on two wheels, renowned for its breathtaking seascapes, unspoilt islands and ecological wealth. With coastal walks, visits to the marine heritage and boat trips to these islands of beauty, get ready for a unique adventure in this "inland sea".

8 days / 7 nights from € 890.00
Cycling holiday - First level

ITINERARY

DAY 1: CYCLING THE GOLFE DU MORBIHAN : ARRIVAL IN VANNES

Welcome to Vannes

Rendez-vous to your charming hotel, ideally located in Vannes, and let yourself be seduced by a visit to the town. A medieval gem nestling in the heart of the Gulf of Morbihan, explore the cobbled streets of the old town, stroll along the ramparts offering panoramic views of the port and soak up the history that emanates from Saint-Pierre Cathedral.

Overnight in Vannes a ** hotel

DAY 2: CYCLING IN THE GULF OF MORBIHAN : FROM VANNES TO THE ILE D'ARZ

13km

You start your adventure by taking the ferry from Vannes to Ile d'Arz. You sail through the waters of the Golfe du Morbihan, offering breathtaking views of the surrounding islands. Once disembarked, you hop on your bikes to explore the island of Arz, following picturesque coastal paths and discovering its unspoilt beaches. The Pointe du Berno offers a panoramic view of this small inland sea.

Overnight on the Arz island in a ** hotel

DAY 3: CYCLING IN THE GULF OF MORBIHAN: FROM ARZ ISLAND TO ARZON

35km /45km

You embark on a day rich in discovery by taking the boat from the Ile d'Arz to the Presqu'île de Séné. You cycle along the coastal paths of Séné, renowned for its vast salt marshes, a haven for many species of migratory birds. You soak up the unspoilt countryside before cycling along the narrow country roads of the Rhuys peninsula towards Arzon. The Presqu'île de Rhuys is characterised by its small traditional villages, such as Saint-Gildas-de-Rhuys, preserving the authenticity of Brittany. You arrive in Arzon, where you can enjoy the maritime atmosphere of the port.

Overnight in Arzon in a ** hotel

DAY 4: THE GULF OF MORBIHAN BY BIKE : ARZON : A DAY ON ILE AUX MOINES

15km

You start your day by taking a ferry across to Île aux Moines, a jewel in the Gulf of Morbihan. You cycle along the island's small, car-free roads, offering a peaceful atmosphere. You explore the charms of this island haven, discovering its tranquil beaches, lively market town and iconic sites such as the chapel of Saint-Michel and the Brouel tidal mill. It will no doubt be with regret that you will have to take the boat back to Arzon.

Overnight in Arzon in a ** hotel

DAY 5: THE GULF OF MORBIHAN BY BIKE: FROM ARZON TO CARNAC

29km / 35km

Another day begins with a boat trip across the Bay of Quiberon, on the north shore of the Gulf of Morbihan. This bay boasts long stretches of fine sand, jagged cliffs and picturesque hamlets. By bike, you explore the Corniche de Saint-Philbert, with its charming commune of the same name, along picturesque little roads and developed cycle paths. Don't forget to take a break at the port of La Trinité-sur-Mer, one of the most important ports on the Atlantic coast, renowned for its maritime atmosphere and lively regattas. You finish your day in Carnac, famous for its impressive alignments of menhirs: an opportunity to soak up the unique energy of this megalithic site, one of the largest in the world.

Overnight in Carnac in a ** hotel

DAY 6: THE GULF OF MORBIHAN BY BIKE: FROM CARNAC TO AURAY

25km / 57km

Today you cycle from Carnac towards Auray. The first pedal will take you to the island of Saint-Cado, where the absence of cars means total peace and quiet. You explore this mysterious islet in the River Etel, famous for its house with blue shutters, adding a touch of mystery to this stopover. You continue on to Auray, a town steeped in history and culture. You discover the authentic charm of the Saint-Goustan district and its port, lined with half-timbered houses and old buildings. Stroll through the cobbled streets, you walk around the craft shops and soak up the warm atmosphere of this historic district.

Overnight in Auray in a ** hotel

DAY 7: THE GULF OF MORBIHAN BY BIKE: FROM AURAY TO VANNES

38km

You start your last day of cycling as you leave Auray for Vannes, bringing your exploration of the Gulf of Morbihan to a close. As you approach Vannes, you complete your journey along the ramparts that encircle the town, offering a unique perspective on this city steeped in history. To round off this adventure, you enjoy a peaceful evening soaking up the city's charm one last time: a chance to wander through its medieval streets and admire its timber-framed houses.

Overnight in Vannes in a ** hotel

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Disclaimer

Warning

The stages and partner accommodation listed are the ones we prefer. Depending on your registration date, we may have to book other accommodation of the same category or different stages for you. For any changes made after confirmation of the holiday, you will be asked to pay €35.

DATES & PRICES

We propose 2 ranges of accommodation for this stay:

Package	Double room *2 pers.*	Twin room *2 pers.*	Triple room *3 pers.*	Single room *1 pers.*	4-person room *4 pers.*

Comfort range					
The tour of Golfe du Morbihan by bike *7 days / 6 nights*	€950	€980	€980	€1,250	€810
Haute saison du 25/05/2026 au 14/09/2026 *7 days / 6 nights*	€980	€990	€990	€1,590	€850
Premium range					
The tour of Golfe du Morbihan by bike *7 days / 6 nights*	€1,320	€1,350	€1,350	€2,260	€1,195
Haute saison du 25/05/2026 au 14/09/2026 *7 days / 6 nights*	€1,590	€1,590	€1,590	€2,790	€1,470

NB: prices shown are per person.

Trips possible from 01 April to 15 October , at this price.

Outside this period, please contact us.For "last minute" bookings (less than 15 days before the departure date), supplements relating to the transport/transfer of your luggage may apply depending on the number of people and the number of stops on the tour.

OUR PRICE INCLUDES :

- 7 nights in pretty hotels
- Breakfasts
- Luggage transfers (1 bag per person, 20 kg max)
- Phone support 7/7
- Taxes de séjour (local accommodation tax)
- A digital roadbook to download on your mobile
- Boat transfers as described in the programme

OUR PRICE DOES NOT INCLUDE :

- Bike hire throughout the trip, including delivery to the start and its collection at the end (140€)
- Travel between your home and the start and end of the holiday
- Lunches and dinners
- Spending on personal items such as souvenirs and drinks
- Cancellation / Assistance / Repatriation Insurance (7.5% of the total cost of your trip – must be taken out at the time of booking)
- Generally all that is not mentioned in 'Our Price Includes'

OPTIONS

OPTIONS, SUPPLEMENTS AND REDUCTIONS:

COMFORT RANGE	
EQUIPMENT HIRE	
Bike rental 6 days (transfers included) - 6 days	€140
Additional bike rental day	€20
E-bike rental 6 days (transfers included)	€230
Additional e-bike rental day	€30
Children bike rental	€110
Additional children bike rental day	€15
SUPPLEMENTARY NIGHTS AT THE BEGINNING OR END OF YOUR TRIP	
Supplément chambre individuelle - Basse saison	€290
Supplément chambre individuelle - Haute saison	€315
Extra night in a standard double room in Vannes (breakfast included)	€70

Extra night in a standard single room in Vannes (breakfast included)	€95
OUR SUGGESTIONS DURING YOUR HOLIDAY	
Journée supplémentaire aller-retour sur l'Ile d'Arz + nuit en chambre double à Vannes (traversée sans vélo)	€215
Journée supplémentaire aller-retour sur l'Ile d'Arz + nuit en chambre single à Vannes (traversée sans vélo)	€170
PREMIUM RANGE	
EQUIPMENT HIRE	
Bike rental 6 days (transfers included) - 6 days	€140
Additional bike rental day	€20
E-bike rental 6 days (transfers included)	€230
Additional e-bike rental day	€30
Children bike rental	€110
Additional children bike rental day	€15
SUPPLEMENTARY NIGHTS AT THE BEGINNING OR END OF YOUR TRIP	
Supplément chambre individuelle - Basse saison	€570
Supplément chambre individuelle - Haute saison	€790
Extra night in a standard double room in Vannes (breakfast included)	€110
Extra night in a standard single room in Vannes (breakfast included)	€250
OUR SUGGESTIONS DURING YOUR HOLIDAY	
Journée supplémentaire aller-retour sur l'Ile d'Arz + nuit en chambre double à Vannes (traversée sans vélo)	€270
Journée supplémentaire aller-retour sur l'Ile d'Arz + nuit en chambre single à Vannes (traversée sans vélo)	€230

NB: prices are per person.

HOSTS

Comfort range

OUR HOTEL PARTNER IN VANNES**

Ideally located in Vannes, this two-star hotel welcomes you in a privileged setting, right next to the city centre. The modern decoration of our rooms offers a contemporary and warm atmosphere. The dedicated team is on hand to make your stay as pleasant as possible.



perience in the restaurant, featuring fresh, local produce. Savour every moment on the sun terrace, adding a touch of relaxation to your stay on this unspoilt island. Let yourself be seduced by the charm and tranquillity of this establishment.



m welcome. Soak up the charm and friendliness of the beautiful decor, then enjoy breakfast on the sunny terrace. The large garden is equipped with sun loungers and offers a peaceful setting in which to relax.



Warning
The stages and partner accommodation listed are the ones we prefer. Depending on your registration date, we may have to book other accommodation of the same category or different stages for you. For last-minute bookings, we may have to offer you less comfortable accommodation and/or accommodation without a swimming pool, particularly during the high summer season. We are fully aware of the different accommodation options available for each stage: we will choose the best available offer for you when you register.

PRACTICAL INFO

THE BIKES WE OFFER FOR YOUR STAY :

REGULAR BIKES





- From the label Vélo Ville
- Aluminum frame
- Several frame sizes to suit your height
- Transmission Shimano 24 to 30 speeds.
- Disc brakes
- Luggage rack

These bikes are light, practical and comfortable.

NB: The bike above is the one we prefer. Depending on your registration date, we may be able to reserve another bike of the same category for you.

ELECTRIC BIKE



- From the label Vélo Ville
- At least 3 levels of assistance
- 80km to 120k autonomy
- Aluminum frame
- Frame geometry for easy straddling
- Luggage rack

It's a great way to get in a few more kilometres a day.

NB: The bike above is the one we prefer. Depending on your registration date, we may be able to reserve another bike of the same category for you.

ALL EQUIPMENT INCLUDED

- Waterproof rear panier Ortileb 20l
- Waterproof front panier with Ortlieb smartphone / roadbook holder
- Bike lock
- Repair kit
- Helmet provided free of charge on demand (please ask for one when you register)
- 1 bike water bottle
- 1 bike computer

CHILDREN BIKE



Aluminum frame

- 16 inches from 105cm to 120cm (or 6 to 7 years old)
- 20 inches from 120cm to 135cm (or 7 to 10 years old)
- 24 inches from 135cm to 145cm (or 10 to 12 years old)
- SPORT XS bike (adult frame) from 145cm to 155cm (from age 10)

PARKING OF YOUR VEHICLE DURING YOUR HOLIDAY

In thinking of the environment, we encourage you to come by public or shared transport. We will take care of the delivery and collection of your bike.

IN VANNES

Parking P4 parc du Golfe longue durée de Vannes
VANNESParking de Strasbourg
VANNESParking Indigo République
VANNESParking de la Gare
VANNESQ-Park Port VANNES
Parking Gare de Vannes – EFFIA – VANNES

MEETING POINT
Day 1 in your Hotel

END OF YOUR TRIP
End of service on departure from your hotel in Vannes

How do I get there? To limit your CO2 emissions, we encourage you to use public transport.

We will take care of returning our bikes from your arrival point.
→ IF YOU ARE COMING BY TRAIN: Vannes station - 2h30 from Paris
→ IF YOU COME BY PLANE: Lorient airport + Nantes airport

RECOMMENDED EQUIPMENT

Take a travel bag or suitcase for a change of clothes for the week.
You will find it in your accommodation each evening.

Clothing :

- 1 sun hat or cap (helmet provided on request when you register)
- 1 scarf BreathableT-shirts

NB: Avoid cotton, which takes a long time to dry; prefer short-sleeved t-shirts (breathable material)

- 1 fleece
- 1 Gore-tex jacket, waterproof and breathable
- 2 pair of shorts (short or long), preferably padded for comfort on the bike

NB: The shorts must be worn next to the skin.

- 1 pair of comfortable trousers for the evening
- Underwear
- Socks

NB: Avoid "tennis" type socks (cotton), which take a long time to dry

- 1 swimming costume
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Shoes :

- 1 pair of multi-activity shoes for cycling and walking
- Tennis shoes or sandals for the evening

Equipment :

- 1 pair of sunglasses
- 1 pocket knife (to be put in the hold luggage if you take the plane)
- Toiletries
- Toilet paper
- Sunscreen
- Soothing cream anti-friction

This list should be adapted according to the season chosen.