

# THE CAMINO DE SANTIAGO BY BIKE, FROM PUY EN VELAY TO CONQUES

## Puy en Velay route

The route to Santiago de Compostela by bike with a roadbook, a selection of accommodation and stages developed with the greatest care by the members of our team.

Nature Occitane takes care of all the logistics : selection and reservation of accommodation, transport of luggage, reservation of various transports... and stay at your side thanks to telephone assistance.

Prices from 690€ per person.



## ITINERARY

### DAY 1: THE CAMINO DE SANTIAGO BY BIKE : ARRIVAL IN PUY EN VELAY

*Arrival in Puy en Velay*

Take advantage of this day to buy the traditional credencial or pilgrim's notebook at Puy-en-Velay Cathedral. This document, stamped by our partners will attest to your passage on the way to Compostela and will provide you with a beautiful travel souvenir!

Dinner and night in Puy-en-Velay.

### DAY 2: THE CAMINO DE SANTIAGO BY BIKE : FROM PUY-EN-VELAY TO SAINT PRIVAT D'ALLIER

*Distance : 24 km, ascent : +540 m*

For your first day of cycling, you leave Le Puy-en-Velay and enjoy the panorama on the entire basin. You cross Velay area, a region famous for its lentils and black sheep. Take a break by bike and enjoy the volcanic landscapes of the Velay mountains. Arrival in Saint Privat d'Allier for this first day of cycling, settling into your accommodation before visiting the priory overlooking the village.

Dinner and night in Saint Privat d'Allier

### DAY 3: THE CAMINO DE SANTIAGO BY BIKE : FROM SAINT PRIVAT D'ALLIER TO SAINT ALBAN / LES FAUX

*Distance : 59 km, ascent : + 1310 m*

Today, first warm-up of the day with a climb on the Margeride plateau. Once on the top, a new landscape and a new architecture emerges with the arrival of granite and green and wild domes. It is in this region that the legend of Gévaudan was born, a ferocious beast resembling a wolf which is said to have terrorized the inhabitants for more than 100 years. You cycle to Saint-Alban into the territory of La Margeride with its massive granite farms and its acidic soils where you may find red fruits (blueberries, raspberries, blackberries...).

Dinner and night in Saint Alban or Les Faux

### DAY 4: THE CAMINO DE SANTIAGO BY BIKE : FROM SAINT ALBAN / LES FAUX TO NASBINALS

*Distance : 39 km, ascent: + 670 m*

You are cycling this morning through the Truyère Valley. Along the way, you will see the small church of Les Estrets with its two-arched bell tower. Arrival at Aumont-Aubrac, gateway to the region of the same name. Take the time to visit the Saint-Etienne church, the town hall and the fountain topped with a sculpture of the Beast of Gévaudan. You now reach the Aubrac plateau by bike with at the horizon green pastures surrounded by trees and burons made of straw or slate which are the shelters of shepherds. At the end of the day you arrive in Nasbinals where you can visit its magnificent Romanesque church.

Dinner and night in Nasbinals.

### DAY 5: THE CAMINO DE SANTIAGO BY BIKE : FROM NASBINALS TO SAINT-CHÉLY D'AUBRAC

*Distance : 16 km, ascent +180 m*

Today you are cycling through the land of Aubrac: it's the opportunity for to taste and travel though the local gastronomy and its typical dishes such as aligot or omelette with porcini mushrooms. Land of transhumance, with some chance you can see the herds leaving the valley

and going up the drailles, these paths lined with low walls, and thus reach the large pastures.

Option: to take a longer route (loop via Bois de Laguiole, 46 km, elevation gain +790 m)

Dinner and night in Saint-Chély d'Aubrac.

DAY 6: THE CAMINO DE SANTIAGO BY BIKE : FROM SAINT-CHÉLY D'AUBRAC TO ESTAING

Distance : 38 km, ascent : + 350 m

This morning, you cycle next to the rivers descending from the Aubrac towards the Lot in landscapes as green as ever. You arrive for lunch in Saint-Côme d'Olt, classified "most beautiful villages in France". Lose yourself in the streets and old buildings with a medieval character. After this well-deserved break, you travel inland to arrive at the medieval village of Estaing, which has been celebrating the Saint Fleuret festival since the 14th century on the first Sunday in July. During this festival you will find a huge procession of 150 extras costumed as characters who have marked the history of the village.

Dinner and night in Estaing.

DAY 7: THE CAMINO DE SANTIAGO BY BIKE : FROM ESTAING TO CONQUES

Distance : 36 km, ascent : + 750 m

During this last stage by bike, you continue your journey in the Olt region, across medieval villages in Romanesque style and deep gorges dug by the Lot river. After a break in the pretty village of Golinac, you wander the steep valley of the Ouche to arrive at another river, the Dourdou, and thus discover Conques, the village with pointed roofs from where the three abbey towers of the Foy abbey undoubtedly stands out. The latter being classified as a UNESCO world heritage site for its medieval architecture, it is advisable to go through its "Pilgrims' Bridge" to cross the Dourdou and be able to visit it.

Dinner and night in Conques.

DAY 8: END OF THE CAMINO DE SANTIAGO BY BIKE IN CONQUES

Departure

End of service after your breakfast.

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Disclaimer

The names and photos of the accommodation are given for information purposes. According to availability, the B&Bs or hotels could be changed without warning and replaced by another establishment of the same category.

DATES & PRICES

We propose 2 ranges of accommodation for this stay:

Package	Dormitory	Double room 2 pers.	Twin room 2 pers.	Triple room 3 pers.	Single room 1 pers.	4-person room 4 pers.
Essential range						
The Camino de Santiago by bike, from Puy en Velay to Conques 8 days / 7 nights	€740	€750	€760	€720	€990	€690
Comfort range						
The Camino de Santiago by bike, from Puy en Velay to Conques 8 days / 7 nights	-	€890	€900	€860	€1,310	€850
Premium range						
The Camino de Santiago by bike, from Puy en Velay to Conques 8 days / 7 nights	-	€990	€1,000	€960	€1,590	€950

NB: prices shown are per person.

NB: Prices for the southern part in 8 days / 7 nights.

For all other requests, we can provide you with a customized quotation.

## OUR PRICE INCLUDES :

### DORMITORY FORMULA (only in Essential) :

-7 nights in B&B/hotel \*/\*\* in dormitory

### DOUBLE ROOM FORMULA :

- Essential: 7 nights in a double room in a gîte / hotel \*or\*\*.

- Comfort: 7 nights in a double room in a hotel\*\*/guest house

### SINGLE ROOM FORMULA :

- Essential: 7 nights in a single room in a gîte / hotel \*or\*\*.

- Comfort: 7 nights in a single room in a hotel\*\*/guest house

### TRIPLE ROOM FORMULA :

- Essential: 7 nights in a triple room in a gîte / hotel \*or\*\*.

- Comfort: 7 nights in a triple room in a hotel\*\*/guest house

### QUADRUPLE ROOM FORMULA :

- Essential: 7 nights in a room for 4 persons in a gîte / hotel \*or\*\*.

- Comfort: 7 nights in a room for 4 persons in a hotel\*\*/guest house

### For all formulas:

- ½ board
- Luggage transfer (1 piece of luggage per person)
- A digital roadbook to download onto your mobile
- Tourist tax/Registration fees

\* Most of our partner accommodations offer half board. If this is not the case for certain stages, we will recommend nearby restaurants and reimburse you €20 per meal.

The same applies to the picnic option: we will reimburse you €10 per person if the accommodations cannot provide them.

## OUR PRICE DOES NOT INCLUDE :

- Transfers from your home to the meeting point and dispersal
- The price of the rental e-bikes for the trip
- Picnic lunch
- ½ board (unless chosen)
- Personal expenses, drinks
- Bed linen and towels for dormitory nights
- [Europassistance cancellation / interruption / assistance & repatriation insurance](#)  
(6% of the price of your stay, including COVID 19, to be taken out when you register)
- In general, everything not mentioned in "Our price includes".

NB: price per person for the entire trip, subject to availability at time of booking.

Depending on availability at the time of booking, we may be obliged to apply supplements for upgrades to higher-category accommodation.

## OPTIONS

### OPTIONS, SUPPLEMENTS AND REDUCTIONS:

ESSENTIAL RANGE	
REDUCTIONS	
Discount: group of more than 4 people	-€20
Discount: No luggage transfer	-€75
SUPPLEMENTS	
Additional baggage per person for the entire stay (13 km max)	€100
EQUIPMENT HIRE	
E bike rental (including delivery to the start and its collection) - 7 days	€290

Semi-rigid E-Bike (including delivery to the start and its collection) - 7 days	€320
Full-suspension E-bike Rental (including delivery to the start and its collection) - 7 days	€390
Gravel bike (including delivery to the start and its collection)	€280
<b>MEALS</b>	
Picnic supplements included	€100
<b>SUPPLEMENTARY NIGHTS AT THE BEGINNING OR END OF YOUR TRIP</b>	
Additional night in Puy-en-Velay in double room (breakfast included)	€50
Additional night in Puy-en-Velay in triple room (breakfast included)	€45
Additional night in Puy-en-Velay in single room (breakfast included)	€80
Additional night at Conques in double room, 1/2 board	€80
Additional night at Conques in triple room, 1/2 board	€70
Additional night at Conques in single room, 1/2 board	€90
<b>TRANSFERS</b>	
Transfer of people from Conques to Le Puy-en-Velay	€55
Transportation of your own bicycles from Conques to Le Puy-en-Velay	€52
<b>COMFORT RANGE</b>	
<b>REDUCTIONS</b>	
Discount: group of more than 4 people	-€25
Discount: No luggage transfer	-€75
<b>SUPPLEMENTS</b>	
Additional baggage per person for the entire stay (13 km max)	€100
<b>EQUIPMENT HIRE</b>	
E bike rental (including delivery to the start and its collection) - 7 days	€290
Semi-rigid E-Bike (including delivery to the start and its collection) - 7 days	€320
Full-suspension E-bike Rental (including delivery to the start and its collection) - 7 days	€390
Gravel bike (including delivery to the start and its collection)	€280
<b>MEALS</b>	
Picnic supplements included	€100
<b>SUPPLEMENTARY NIGHTS AT THE BEGINNING OR END OF YOUR TRIP</b>	
Additional night in Puy-en-Velay in double room (breakfast included)	€90
Additional night in Puy-en-Velay in triple room (breakfast included)	€80
Additional night in Puy-en-Velay in single room (breakfast included)	€140
Additional night at Conques in double room, 1/2 board	€90
Additional night at Conques in triple room, 1/2 board	€80
Additional night at Conques in single room, 1/2 board	€100
<b>TRANSFERS</b>	
Transfer of people from Conques to Le Puy-en-Velay	€55
Transportation of your own bicycles from Conques to Le Puy-en-Velay	€52
<b>PREMIUM RANGE</b>	
<b>REDUCTIONS</b>	
Discount: group of more than 4 people	-€35
Discount: No luggage transfer	-€75
<b>SUPPLEMENTS</b>	
Additional baggage per person for the entire stay (13 km max)	€100
<b>EQUIPMENT HIRE</b>	
E bike rental (including delivery to the start and its collection) - 7 days	€290

Semi-rigid E-Bike (including delivery to the start and its collection) - 7 days	€320
Full-suspension E-bike Rental (including delivery to the start and its collection) - 7 days	€390
Gravel bike (including delivery to the start and its collection)	€280
<b>MEALS</b>	
Picnic supplements included	€100
<b>SUPPLEMENTARY NIGHTS AT THE BEGINNING OR END OF YOUR TRIP</b>	
Additional night in Puy-en-Velay in double room (breakfast included)	€100
Additional night in Puy-en-Velay in triple room (breakfast included)	€100
Additional night in Puy-en-Velay in single room (breakfast included)	€190
Additional night at Conques in double room, 1/2 board	€110
Additional night at Conques in triple room, 1/2 board	€90
Additional night at Conques in single room, 1/2 board	€150
<b>TRANSFERS</b>	
Transfer of people from Conques to Le Puy-en-Velay	€0
Transportation of your own bicycles from Conques to Le Puy-en-Velay	€0

NB: prices are per person.

## HOSTS

### Essential range

#### ESSENTIAL RANGE

For this package, we offer a selection of simple and comfortable hotels and guesthouses.

For your nights in guesthouses (gîtes):

You will stay in shared dormitory-style rooms with 4 to 8 beds. The accommodations are simple, clean, and welcoming. Daily showers are available. We have selected these places for their authenticity, the charm of their setting, and the warm hospitality you can expect.

For dormitory stays, please remember to bring a sleeping bag or a sleeping liner (blankets are provided in the gîtes).



*Our partner in Saint-Privat-d'Allier*

### Comfort range

#### COMFORT RANGE

For this package, we offer guest houses and 2\* hotels.

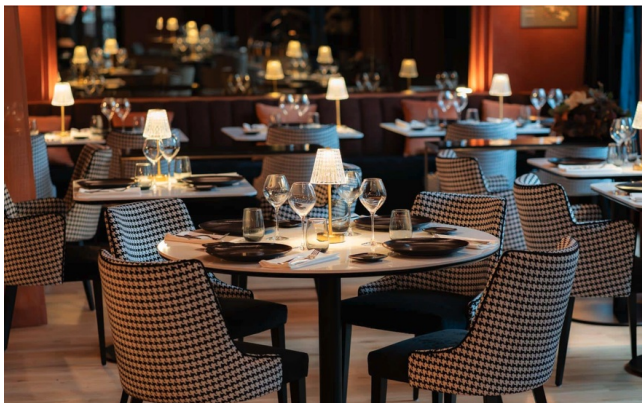


*Our partner in Saint-Privat-d'Allier*

## Premium range

### PREMIUM RANGE

For this package, you will stay in charming guesthouses or carefully selected 3-star hotels chosen for their comfort, their refined atmosphere, and the quality of their cuisine. Each place offers a warm and welcoming ambiance, perfect for unwinding after each stage of your journey. You'll enjoy attentive hospitality and a setting designed for relaxation, without ever weighing down the spirit of travel.



*Our partner in Puy en Velay*

### Your nights in a hostel :

Shared rooms in dormitories with 4 to 8 beds. Accommodation is simple, clean and friendly. Daily showers available. We've selected them for their authenticity, charm and warm welcome. For dormitory nights, please bring a sleeping bag or "meat bag" (blankets available in the gîtes).

Most of our partner accommodations offer half board. If this is not the case for certain stages, we will recommend nearby restaurants and reimburse you €20 per meal.

The same applies to the picnic option: we will reimburse you €10 per person if the accommodations cannot provide them.

\*NB: this is our preferred accommodation. Depending on your registration date, we may be able to reserve other accommodation of the same category for you.

## PRACTICAL INFO

### A WORD FROM GUILHEM, LOCAL CYCLING GUIDE:

In the Camino de Compsotella, you will cycle on countryside paved road, but also on earth and gravel paths (with tree roots and frequent surface irregularities).

Our bikes are perfectly suited to the demands of this terrain.

### ELECTRIC HYBRID BIKE FROM THE BRAND TREK





High-standart model chosen especially for the profile of our travelers

A bike to fi your height (available in XS, S, M, L and XL)

Front suspension

Travel comfort handles

Hydraulic disc brakes

Adjustable stem (for the comfort of your back)

Bosch Motor performance CX 85 Nm

Autonomy from 60 to 100 km

### ELECTRIC MOUNTAIN BIKE FROM THE BRAND TREK



High-standart model

A bike to fi your height (available in XS, S, M, L and XL)

Front suspension

Travel comfort handles

Hydraulic disc brakes

Adjustable stem (for the comfort of your back)

Bosch Motor performance CX Gen4

Autonomy from 60 to 100 km

### ELECTRIC MOUNTAIN BIKE FULL-SUSPENSION FROM THE BRAND TREK



High-standard model  
A bike to fit your height (available in XS, S, M, L and XL)  
Front suspension  
Travel comfort handles  
Hydraulic disc brakes  
Adjustable stem (for the comfort of your back)  
Bosch Motor performance line CX 85 Nm  
Autonomy from 60 to 100 km

#### ALL EQUIPMENT INCLUDED

Waterproof rear panier  
Waterproof front panier  
Front and back lights  
Bike lock  
Repair kit  
Helmet provided free of charge on demand (please ask for one when you register)

#### PRACTICAL INFORMATION

We recommend you come by train to Puy-en-Velay, then take the train from Conques station to Puy-en-Velay for the return journey, or to take our return shuttle.

#### MEETING IN PUY-EN-VELAY :

Day 1 late afternoon in Le Puy-en-Velay.

#### END OF TOUR IN CONQUES :

Day 8 at your departure from Conques.

#### HOW TO GET TO THE STARTING POINT OF THE CAMINO DE SANTIAGO :

To limit your CO2 emissions, we encourage you to use public transport.

#### IF YOU COME BY TRAIN :

TER Auvergne-Rhône-Alpes station in Le Puy-en-Velay.

We advise you to use the SNCF Connect website to book your train tickets from your nearest station.

#### IF YOU COME BY CAR:

The village of Le Puy-en-Velay is accessible from Route Nationale 88 or 102.

You can park your vehicle in the underground parking lot at Le Breuil (Puy-en-Velay), open Monday to Saturday (except public holidays) from 7am to 10pm. If you need to pick up your vehicle on a Sunday or public holiday, please contact the parking lot reception beforehand. Special rate for hikers: 7 days' parking for €25. To benefit from this rate, contact reception on 04 71 02 03 54, open Monday to Saturday (excluding public holidays) from 7am to 8pm.



#### RETURN BY BUS/TRAIN :

Return to Puy-en-Velay from Conques station.

#### **RECOMMENDED EQUIPMENT**

Take a travel bag or suitcase for a change of clothes for the week.

You will find it in your accommodation each evening.

#### **CLOTHING :**

1 sun hat or cap (helmet provided on request when you register)

1 scarf Breathable T-shirts

NB: Avoid cotton, which takes a long time to dry;

prefer short-sleeved t-shirts (breathable material)

1 fleece

1 Gore-tex jacket, waterproof and breathable

2 pair of shorts (short or long), preferably padded for comfort on the bike

**NB: The shorts must be worn next to the skin.**

1 pair of comfortable trousers for the evening

Underwear

Socks

NB: Avoid "tennis" type socks (cotton), which take a long time to dry.

#### **SHOES :**

1 pair of multi-activity shoes for cycling and walking

Tennis shoes or sandals for the evening

#### **EQUIPMENT :**

1 pair of sunglasses

1 pocket knife (to be put in the hold luggage if you take the plane)

Toiletries

Toilet paper

Sunscreen

Soothing cream anti-friction

This list should be adapted according to the season chosen.