Nature Occitane

VOYAGES SPORTS & NATURE

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CANAL DE LA GARONNE BY BIKE - FROM BORDEAUX TO TOULOUSE

Self guided itinerant cycling holiday

This cycling holiday along the Canal de Garonne is the first part of the route known as "L*e Canal des deux mers*" or the "Canal of the two seas". From Bordeaux to Toulouse by bike, the trip takes you to the very heart of south'west France. The route is very easy, entirely along well maintained cycle paths. You cross landscapes reminiscent of Tuscany, where fruit trees, vines, abbeys and peaceful villages await. Each evening, our selection of B&Bs with swimming pools will allow you to relax and unwind after your day's activities.

6 days from €640 / pers.

ITINERARY

DAY 1: VISIT BORDEAUX

Arrival in Bordeaux

Arrival at your charming B&B which is ideally located. Your host will know just how to advise you on the sites to visit, activities and the restaurants which are not to be missed! Your bikes will be available from 19h00 for an evening bike tour if you feel like it.
Night in Bordeaux with dinner of your own choice.

DAY 2: LE CANAL DE LA GARONNE FROM BORDEAUX TO BELLEFOND/ FRONTENAC

Distance: 45km

You begin by cycling alongside the Garonne river from where you can admire the attractive facades of the buildings here in the capital of the Gironde 'departement'. The landscape then becomes more varied, changing between wooded valleys, fortified hamlets and small chateaux and - of course - Bordeaux vineyards!
Night in Bellefond or Frontenac.

DAY 3: LE CANAL DE LA GARONNE FROM BELLEFOND TO CAUMONT SUR GARONNE / LE MAS D'AGENAIS

Distance: 52km

Today's route begins on quiet lanes across bucolic landscapes of vines and forests. You then rejoin the Canal de Garonne with its locks and lively marinas intersperced with tranquil stretches lined with plane trees.
Night in Caumont sur Garonne or Le Mas d'Agenais

DAY 4: LE CANAL DE LA GARONNE BY BIKE FROM CAUMONT SUR GARONNE TO SÉRIGNAC SUR GARONNE

Distance : 44km

This morning you go through 'Mas d'Agenais, a peaceful, pretty village and ancient Roman settlement, with its 17th century corn halls and attractive five-sided communal laundry. The Canal de la Garonne then offers stunning river views, the vineyards gradually givingway to fields of cereal crops and orchards.
Night in Sérignac sur Garonne.

DAY 5: THE CANAL DE LA GARONNE FROM SÉRIGNAC SUR GARONNE TO MOISSAC

Distance: 55km

This stage allows you to discover two beautiful towns of south west France: Agen and Moissac. After orchards of fruit trees so characteristic of the Lot and Garonne, you arrive in Moissac. We invite you to take the time to visit this important town on the path to Santiago de Compostella, listed as a UNESCO World Heritage site.
Night in Moissac.

DAY 6: THE CANAL DE LA GARONNE FROM MOISSAC TO TOULOUSE

Distance: 60-68 km

Your route goes through yhe charming town of Montech, with its half timbered, red brick houses. As for the cycle path this is along a peaceful "voie verte" or green way, with a good surface and shaded by plane trees.
Your holiday ends upon arrival in Toulouse if you choose the 5 night/6 day trip from Bordeaux to Toulouse.

Would you like to shorten this final stage? Several options are available by train with your bike: travel to Castelsarrasin, just 8 km from

Moissac, to shorten the ride slightly, or continue to Dieupentale or Grisolles to reduce the cycling distance by approximately half.

Please contact us for further details.

Ready to go further? Discover our next itinerary on the Canal du Midi!

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Disclaimer
The names and photos of the accommodation are given for information purposes. According to availability, the B&Bs or hotels could be changed without warning and replaced by another establishment of the same category.

DATES & PRICES

We propose 2 ranges of accommodation for this stay:

Package	Double room *2 pers.*	Twin room *2 pers.*	Triple room *3 pers.*	Single room *1 pers.*
Essential range				
From Bordeaux to Toulouse (Low season) *6 days / 5 nights*	€640	€650	€570	€990
From Bordeaux to Toulouse (High season) *6 days / 5 nights*	€650	€660	€600	€1,040
Comfort range				
From Bordeaux to Toulouse (Low season) *6 days / 5 nights*	€660	€670	€590	€1,090
From Bordeaux to Toulouse (High season) *6 days / 5 nights*	€670	€690	€610	€1,140
Premium range				
From Bordeaux to Toulouse (Low season) *6 days / 5 nights*	€770	€790	€670	€1,230
From Bordeaux to Toulouse (High season) *6 days / 5 nights*	€840	€860	€710	€1,370

NB: prices shown are per person.

Discount from 4 participants.

Depending on availability at the time of booking, you may be charged a supplement for some of your services.
Low season: from 12/04 to 31/05/2026 and from 01/10 to 14/10/2026
High season: from 01/06 to 30/09/2026

Departure possible on the day of your choice, including weekends.

Outside this period, please contact us.

NB: These supplements are justified by the fact that we organize private transfers for your group during the low season. During this period, the taxi transfers only your luggage.

Essential range : selection of simple Bnb and 1* hotels.
Comfort range : selection of confortable Bnb and 2* hotels.
Privilege range : selection of charming Bnb and 3* hotels.

For "last minute" bookings (less than 15 days before the departure date), supplements relating to the transport/transfer of your luggage may apply depending on the number of people and the number of stops on the tour.

For a stay entirely in a 2* or 3* hotel, please contact us.

OUR PRICE INCLUDES:

- 5/6/7 nights in pretty B&Bs or hotels
- Breakfasts

- Phone support 7/7
- Luggage transfers (1 bag per person)
- Taxes de séjour (local accommodation tax)
- A digital roadbook to download on your mobile

OUR PRICE DOES NOT INCLUDE:

- Bike hire throughout the trip
- Saddling up
- Travel between your home and the start and end of the holiday
- Lunches and dinners
- Spending on personal items such as souvenirs and drinks
- Registration fee: €20 per booking file
- Cancellation / Assistance / Repatriation Insurance (7.5% of the total cost of your trip – must be taken out at the time of booking)
- Our bicycle insurance. For more information, please click here.
- Generally, all that is not mentioned in 'Our Price Includes'

OPTIONS

OPTIONS, SUPPLEMENTS AND REDUCTIONS:

ESSENTIAL RANGE	
REDUCTIONS	
Discount: No luggage transfer	-€120
Discount: groups of more than 4 people	-€20
SUPPLEMENTS	
Early baggage delivery before 1 p.m. (by transfer, excluding public holidays)	€150
EQUIPMENT HIRE	
Bike rental (VTC) for the whole trip (delivery & return included) - 6 days	€185
Additional day of bike rental	€12
Comfort e-bike rental (including delivery to the start and its collection) - 6 days	€275
Extra comfort E-bike rental day	€20
Premium e-bike rental (including delivery to the start and its collection) - 6 days	€290
Extra premium E-bike rental day	€22
Luxury E-bike rental (including delivery to the start and its collection) - 6 days	€335
Extra Luxury E-bike rental day	€25
Gravel bike rental for the whole trip (delivery & return included) - 6 days	€265
Additional day of Gravel bike rental	€16
Rental of a 2nd waterproof case (20l) for the whole trip	€15
Child bike rental for the whole trip (delivery & return included) - 6 days	€125
Additional day of Child bike rental	€5
Rental of a helmet for the whole trip	€5
SUPPLEMENTARY NIGHTS AT THE BEGINNING OR END OF YOUR TRIP	
Extra night in Bordeaux in double room (breakfast included) - Low season	€70
Extra night in Bordeaux in double room (breakfast included) - High season	€75
Extra night in Bordeaux in single room (breakfast included) - Low season	€110
Extra night in Bordeaux in single room (breakfast included) - High season	€120
Extra night in Bordeaux in triple room (breakfast included) - Low season	€50
Extra night in Bordeaux in triple room (breakfast included) - High season	€55
Extra night in Toulouse in double room (breakfast included) - Low season	€70
Extra night in Toulouse in double room (breakfast included) - High season	€75
Extra night in Toulouse in single room (breakfast included) - Low season	€90
Extra night in Toulouse in single room (breakfast included) - High season	€95

Extra night in Toulouse in triple room (breakfast included) - Low season	€50
Extra night in Toulouse in triple room (breakfast included) - High season	€55
OUR SUGGESTIONS DURING YOUR HOLIDAY	
Additional stopover in Saint-Émilion (double room** & luggage transfer included)	€120
Additional stopover in Saint-Émilion (single room** & luggage transfer included)	€190
Additional stopover in Saint-Émilion (triple room** & luggage transfer included)	€100
COMFORT RANGE	
REDUCTIONS	
Discount: No luggage transfer	-€120
Discount: groups of more than 4 people	-€30
SUPPLEMENTS	
Early baggage delivery before 1 p.m. (by transfer, excluding public holidays)	€150
EQUIPMENT HIRE	
Bike rental (VTC) for the whole trip (delivery & return included) - 6 days	€185
Additional day of bike rental	€12
Comfort e-bike rental (including delivery to the start and its collection) - 6 days	€275
Extra comfort E-bike rental day	€20
Premium e-bike rental (including delivery to the start and its collection) - 6 days	€290
Extra premium E-bike rental day	€22
Luxury E-bike rental (including delivery to the start and its collection) - 6 days	€335
Extra Luxury E-bike rental day	€25
Gravel bike rental for the whole trip (delivery & return included) - 6 days	€265
Additional day of Gravel bike rental	€16
Rental of a 2nd waterproof case (20l) for the whole trip	€15
Child bike rental for the whole trip (delivery & return included) - 6 days	€125
Additional day of Child bike rental	€5
Rental of a helmet for the whole trip	€5
SUPPLEMENTARY NIGHTS AT THE BEGINNING OR END OF YOUR TRIP	
Extra night in Bordeaux in double room (breakfast included) - Low season	€80
Extra night in Bordeaux in double room (breakfast included) - High season	€95
Extra night in Bordeaux in single room (breakfast included) - Low season	€140
Extra night in Bordeaux in single room (breakfast included) - High season	€150
Extra night in Bordeaux in triple room (breakfast included) - Low season	€60
Extra night in Bordeaux in triple room (breakfast included) - High season	€65
Extra night in Toulouse in double room (breakfast included) - Low season	€80
Extra night in Toulouse in double room (breakfast included) - High season	€85
Extra night in Toulouse in single room (breakfast included) - Low season	€110
Extra night in Toulouse in single room (breakfast included) - High season	€115
Extra night in Toulouse in triple room (breakfast included) - Low season	€60
Extra night in Toulouse in triple room (breakfast included) - High season	€65
OUR SUGGESTIONS DURING YOUR HOLIDAY	
Additional stopover in Saint-Émilion (double room** & luggage transfer included)	€120
Additional stopover in Saint-Émilion (single room** & luggage transfer included)	€190
Additional stopover in Saint-Émilion (triple room** & luggage transfer included)	€100
PREMIUM RANGE	
REDUCTIONS	

Discount: No luggage transfer	-€120
Discount: groups of more than 4 people	-€40
SUPPLEMENTS	
Early baggage delivery before 1 p.m. (by transfer, excluding public holidays)	€150
EQUIPMENT HIRE	
Bike rental (VTC) for the whole trip (delivery & return included) - 6 days	€185
Additional day of bike rental	€12
Comfort e-bike rental (including delivery to the start and its collection) - 6 days	€275
Extra comfort E-bike rental day	€20
Premium e-bike rental (including delivery to the start and its collection) - 6 days	€290
Extra premium E-bike rental day	€22
Luxury E-bike rental (including delivery to the start and its collection) - 6 days	€335
Extra Luxury E-bike rental day	€25
Gravel bike rental for the whole trip (delivery & return included) - 6 days	€265
Additional day of Gravel bike rental	€16
Rental of a 2nd waterproof case (20l) for the whole trip	€15
Child bike rental for the whole trip (delivery & return included) - 6 days	€125
Additional day of Child bike rental	€5
Rental of a helmet for the whole trip	€5
SUPPLEMENTARY NIGHTS AT THE BEGINNING OR END OF YOUR TRIP	
Extra night in Bordeaux in double room (breakfast included) - Low season	€90
Extra night in Bordeaux in double room (breakfast included) - High season	€105
Extra night in Bordeaux in single room (breakfast included) - Low season	€160
Extra night in Bordeaux in single room (breakfast included) - High season	€170
Extra night in Bordeaux in triple room (breakfast included) - Low season	€70
Extra night in Bordeaux in triple room (breakfast included) - High season	€75
Extra night in Toulouse in double room (breakfast included) - Low season	€90
Extra night in Toulouse in double room (breakfast included) - High season	€95
Extra night in Toulouse in single room (breakfast included) - Low season	€150
Extra night in Toulouse in single room (breakfast included) - High season	€155
Extra night in Toulouse in triple room (breakfast included) - Low season	€70
Extra night in Toulouse in triple room (breakfast included) - High season	€75
OUR SUGGESTIONS DURING YOUR HOLIDAY	
Additional stopover in Saint-Émilion (double room** & luggage transfer included)	€120
Additional stopover in Saint-Émilion (single room** & luggage transfer included)	€190
Additional stopover in Saint-Émilion (triple room** & luggage transfer included)	€100

NB: prices are per person.

HOSTS

Essential range

GUESTHOUSE IN BORDEAUX

Nestled on the right bank, just a few minutes from the city center, this guesthouse offers a peaceful and comfortable retreat. Ideal for a cycling stopover or a relaxing break, it features a lovely garden, beautiful rooms, and a warm, welcoming atmosphere. A generous breakfast is served each morning with good cheer and a big smile,the perfect place to unwind and start your journey on the right foot.



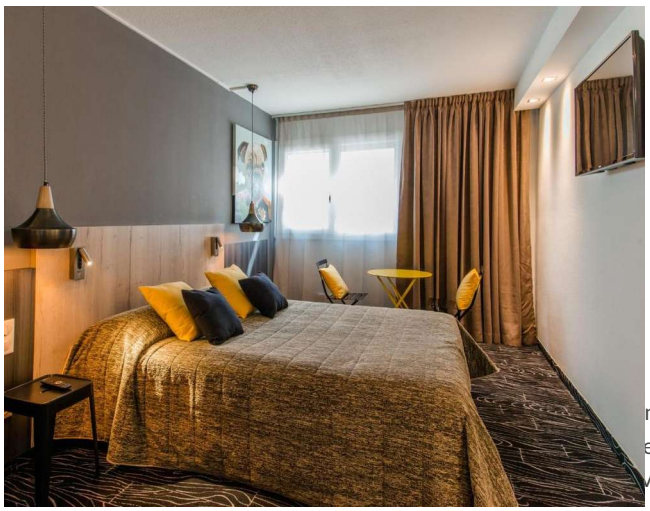
is bed and breakfast has all the necessary amenities for your overnight stay. You can dine at the bar-restaurant of the same establishment in the evening.



or cycling routes and the Canal des Deux Mers, this welcoming stopover is a peaceful atmosphere, comfortable air-conditioned rooms, secure bike al and relaxing place to rest and recharge before continuing your journey.



ers comfortable rooms with contemporary décor. On the dining side, you can enjoy quality cuisine in the hotel restaurant or start the day with a hearty breakfast served early in the morning — perfect for getting back on the road well fueled. Combining urban comfort with thoughtful attention to cycling travelers, this hotel promises a pleasant, relaxing, and hassle-free stopover in a city that's well worth a break



n by Agnès, a former pilgrim, is ideal for cyclists seeking rest and relaxation. e and soothing rooms. Shared meals, a family atmosphere, breakfast and half- venating stopover.

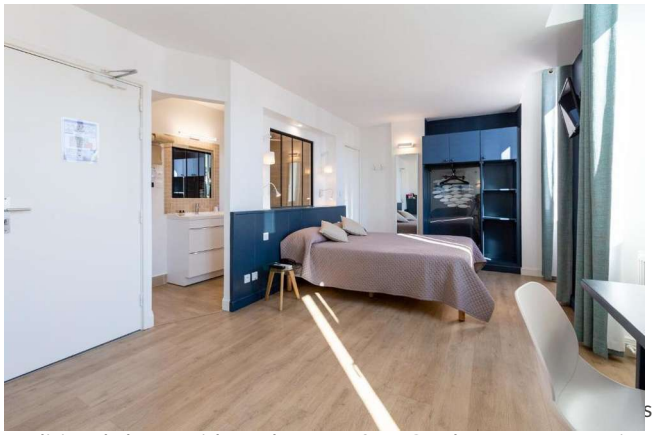


long the banks of the Canal du Midi, this hotel is the perfect place to end
and services tailored to cycling travelers. With comfortable rooms, a 24-
practical and peaceful stopover in the heart of Toulouse.



HOTEL IN BORDEAUX

The comfortable rooms located in Bordeaux center offer a setting that is both modern and welcoming. Recently renovated, all rooms are air-conditioned, and the hotel's services reflect the warm hospitality of a family-run establishment. Since 1977, Cécile and her son Pierre, together with their dedicated team, have been welcoming guests with friendliness and simplicity — the perfect place to start your adventure.



s you for a stay focused on relaxation and refinement. Each room combines traditional charm with modern comfort. Outdoors, you can enjoy a tree-lined garden, a sunny terrace, and a beautiful swimming pool — perfect for unwinding after a day of exploration or for enjoying breakfast in a calm and serene atmosphere. An ideal place to reconnect with nature.



GUEST HOUSE IN MAS D'AGENAIS

In the heart of the charming village of Mas-d'Agenais, one of the oldest communities in Lot-et-Garonne, Patricia and Gilles welcome you into a

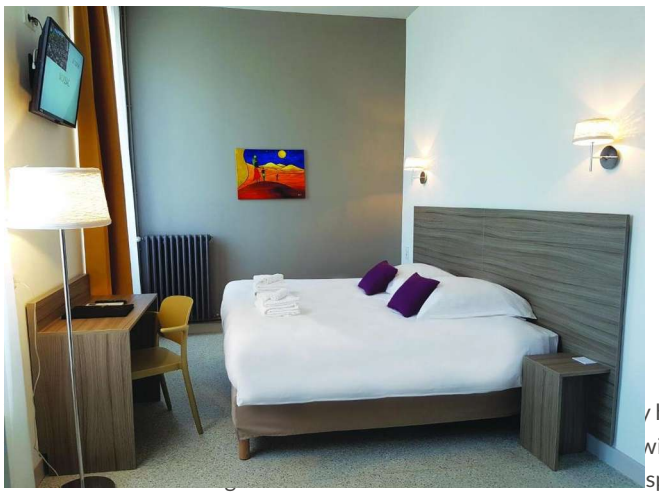
guesthouse rich in history. Once a 16th-century relay post, the house overlooks the Garonne Lateral Canal from a series of lush terraces, offering peace, beautiful views, and a true sense of serenity. Comfortable rooms, a natural outdoor setting, attentive hosts, generous breakfasts, and packed lunches all come together to make this a truly appealing and restful stopover.



Between the Bordeaux vineyards and the Pyrenees, Carine and Frédéric, along with their team, warmly welcome you to a 19th-century bourgeois residence set within a shaded park and its charming dovecote. Blending bucolic charm with a relaxed atmosphere, this is an ideal place to unwind and enjoy refined traditional dishes at the restaurant, where seasonal, locally sourced products are creatively showcased according to the market.



omanesque abbey, remarkable cloister, and peaceful atmosphere along the banks of the Tarn River. This friendly 3-star hotel is a perfect place to combine cultural discovery and relaxation, offering comfortable, recently renovated rooms that reflect the warmth and character of Southwest France. The bar and restaurant welcome you to enjoy fresh, high-quality regional products in a convivial setting.



y home — a true toulousaine — complete with its garden, veranda, and with fresh, local products is served, and the host's table invites you to spitality, his passion for sharing the highlights of Toulouse, and the Accueil Vélo label, this is the perfect place to comfortably end your journey on the road.



HÔTEL IN BORDEAUX

With our hotel selection, you will enjoy a stay in the heart of Bordeaux, in a property rich in history. Built from golden stone and dating back to 1850, this establishment offers an authentic and welcoming atmosphere. You will quickly feel at home, appreciating in particular the warm, friendly, and attentive welcome, as well as the high standards of cleanliness for which the hotel is known. The elegant décor, the iconic golden stone of Bordeaux, the bright common areas, the charming staircase, and the guesthouse-style ambiance will all delight you and provide the perfect setting to start your stay.



of Sauveterre-de-Guyenne, surrounded by nature and majestic old trees. Ideal for a peaceful getaway, it offers a spacious and serene setting, perfect for relaxing with family or friends while enjoying the authentic charm of the Entre-deux-Mers region. This exceptional property, a former wine château fully renovated with care, provides absolute comfort and invites you to unwind in a truly restful environment — with the added pleasure of a dip in the heated outdoor swimming pool.



here comfort and well-being are at the heart of the experience. You can relax set in a peaceful patio during the summer months, and even pick fruit from he heart of the countryside, surrounded by open fields, this is a perfect



offers a charming atmosphere in an authentic setting. You can fully enjoy the swimming pool and tennis court, relax in the garden during the summer, and dine by candlelight on the terrace. A timeless place, close to everything, where you can savor the coolness and tranquility of an unforgettable residence.



this charming guesthouse welcomes you into a character-filled home combining authenticity and comfort. You can enjoy a spacious garden, a relaxing swimming pool, and a gourmet table available by reservation. Housed in an 18th-century building that now features a modern and elegant hotel, this property is ideally located just 50 meters from the Canal des Deux Mers and the dedicated cycling greenway.



ions. Brigitte and Céline, the founder's granddaughters, continue the spirit of the place: a lively, family-run hotel where time is taken to enjoy the moment and savor thoughtfully prepared cuisine. You can relax in complete tranquility in the Andalusian-style patio, nestled between the red brick of the Minimes district and the green waters of the Canal du Midi. Ideally located in the heart of Toulouse, just steps from the train station, this 3-star hotel is a welcoming place for conviviality and encounters, reflecting the simplicity and elegance of the Pink City, an ideal stop to conclude your cycling journey.



Votre hébergement à Toulouse - Gamme Privilège © Nature Occitane

Categories :

Essential : a selection of simple guest houses and 1 hotels.*
Confort : a selection of comfortable guest houses and 2-star hotels.
Privilege : a selection of charming guest houses and 3 hotels.*

NB : these are our preferred accommodations.
Depending on your registration date, we may be able to reserve other accommodation of the same category for you.

PRACTICAL INFO

A WORD FROM GUILHEM, LOCAL CYCLING GUIDE:

The pretty towpath of the Canal de la Garonne has been totally resurfaced for cyclistes. Our hybrid bikes have been selected for your comfort. Front suspension, hydraulic brakes (no jamming of the brake pads in wet conditions),ORLIEB paniers, front and back lights ...The quality of your bike is key to the success of your trip and we are committed to ensuring you set off in the best possible conditions.

HYBRID BIKES FROM THE AMERICAN BRAND TREK



- High-stantard model chosen especially for the profile of our travelers.
- A bike to fi your height (available in M, L and XL. For smaller height, other Trek and KTM models are available)
- Frame geometry and standover : easy to mount and dismount.
- Front suspension
- Confort saddle
- Travel comfort handles
- Hydraulic disc brakes
- Adjustable stem (for the comfort of your back)
- Rear stand
- Front and rear lighting by dynamo
- Our bikes are serviced and cleaned after each outing.

This model is the one who select in priority. However, depending on your registration, we might reserve another bike.

E-BIKES FROM THE AMERICAN BRAND TREK



- High-stantard model chosen especially for the profile of our travelers.
- A bike to fi your height (available in XS, S, M, L and XL.
- Frame geometry and standover : easy to mount and dismount.
- Large 28 inch wheels that ensure precise steering and good performance.
- Powerfull hydraulic disc brakes
- Bosch motor

Our bikes are serviced and cleaned after each outing.

ALL OF YOUR EQUIPMENT IS INCLUDED

- Waterproof rear panier (Ortlieb)
- Waterproof front panier with smartphone / roadbook holder (Ortlieb)
- Front and back lights
- Bike lock
- Repair kit
- Helmet on demand (please, make the request at the registration)

THEFT AND ASSISTANCE INSURANCE: NATURE OCCITANE INSURES YOU

In the event of an incident along the route (theft, breakage not resulting from wear and tear, etc.), we insure all equipment for only :

- 2€ per day per bike and/or per piece of equipment
- 3€ per day per electric bike

AT YOUR CHARGE IF YOUR BIKE OR TRAILER ARE ROBBED :

Caution / Excess without the insurance :
Premium trip bike : 924€
Premium trip electric bike : 2275€
Electric Over Sunn bike : 1799€Gravel Sunn bike: 1712€
Child bike : 400€
Luggage trailer BOB Ibex : 570€
Repair rate in case of damage / breakage

Caution / Excess with the insurance :
Premium trip bike : 92€

Premium trip electric bike : 228€
Electric Over Sunn bike : 179€
Gravel Sunn bike: 171€
Child bike : 40€
Luggage trailer BOB Ibex : 57€
10% of the repair rate in case of damage /breakage

NB : The statement of robbery at the police station must be sent to Nature Occitane in both cases in the time limit of 48h after the offence.

At your charge in case of theft or loss of equipment :
Back pannier : 50€
Anti-theft device : 75€
Multi-tool or pump : 15€
Helmet : 50€

PARKING OF YOUR VEHICLE DURING YOUR HOLIDAY

IN BORDEAUX

We can advice you a car park located closed by your accommodation. Click here to have an approximate price or to book your park.

IN TOULOUSE

Solution : Paid for secure parking in Toulouse
For peace of mind, we can give you the details of an inexpensive, secure car park, not far from your B&B.
Click here to see an approximate price or to book.

MEETING POINT :
Day 1 in your B&B.

THE END OF YOUR TRIP:
Your holiday will finish upon your arrival in Toulouse. Supplementary night in Toulouse is an option.

HOW TO GET HERE:
In order to reduce carbon emissions, we encourage you to come by public transport and/or car-sharing. We take care of the delivery of your bikes to the start of your trip and their collection at the end.

IF YOU COME BY TRAIN : SNCF train station in Bordeaux

IF YOU COME BY PLANE : Bordeaux airports.

RECOMMENDED EQUIPMENT :
Take a travel bag or suitcase for a change of clothes for the week. You will find it in your accommodation each evening.

CLOTHING :
- 1 sun hat or cap (helmet provided on request when you register)
- 1 scarf
- Breathable T-shirts

NB: Avoid cotton, which takes a long time to dry; prefer short-sleeved t-shirts (breathable material)

- 1 fleece
- 1 Gore-tex jacket, waterproof and breathable
- 2 pair of shorts (short or long), preferably padded for comfort on the bike

NB: The shorts must be worn next to the skin.

- 1 pair of comfortable trousers for the evening
- Underwear
- Socks

NB: Avoid "tennis" type socks (cotton), which take a long time to dry.

- 1 swimming costume for the pool and your arrival at the sea

SHOES :
- 1 pair of multi-activity shoes for cycling and walking
- Tennis shoes or sandals for the evening

EQUIPMENT :

- 1 pair of sunglasses
- 1 pocket knife (to be put in the hold luggage if you take the plane)
- Toiletries
- Toilet paper
- Sunscreen
- Soothing cream anti-friction

This list must be adapted according to the season chosen.

REVIEWS

The following French tour operators have chosen to work with us; we create trips to match their clients expectations and then welcome their clients to our region.

SOME FEEDBACK FROM PREVIOUS GUESTS

The comments below were left by our travelers who were kind enough to testify on the Tripadvisor or Google site.

CANAL DE GARONNE - TOULOUSE BORDEAUX BY BIKE!!!

Andrée - April 2022
We rode the Garonne Canal from Bordeaux to Toulouse on our own electric bikes in 5 stages, stopping at 7 accommodations. The proposed route is excellent; the stages are relatively short, allowing us to take our time visiting nearby villages and attractions. The last stage, however, seemed a bit monotonous, but we had to reach Toulouse. The phone app we use to view the route and track our progress using GPS is great, although it takes a little while to get the hang of it. The choice of accommodations was excellent, with a welcome from our hosts that we will remember forever. Our luggage was waiting for us at each stage. Thank you to the Nature Occitane team.

Dalila - July 2018
New trip along the Canal de Garonne by bike from Bordeaux to Toulouse. We chose this trip of 5 days and are happy to have seen these beautiful places, a part of the Canal de Garonne which you share with walkers following the path to Santiago de Compostella. (GR5). Very good selection of B&Bs, excellent welcome! Well done and a big thank you to Guilhem and his team!